SECRET AGENT SOCIETY

SOCIAL SKILLS GROUPS FOR AGES 8-12

REGISTER NOW

☎ 0448 408 632

✉ groups@grampianspsychology.com

Scan QR Code to Register

NEXT GROUP

Next Group Starts

Term 3 2025

Tuesday 1.30-3pm (Child group)

Friday 12-12.45pm (online parent group)

Runs For

9 Weeks + booster session at 3 & 6 months

Location

Grampians Clinical and Child Psychology, Horsham

WHAT WE COVER

- Emotion expression in self and others
- Express thoughts and feelings calmly
- Social problem solving
- Emotion regulation
- Handle mistake, transitions and unexpected problems
- Build and maintaining friendships
- Tell the difference between playful teasing and bullying

ABOUT THE PROGRAM

Grampians Clinical and Child Psychology is proud to be providing the Secret Agent Society Program. This is our 'go-to' program for children who want to improve their understanding of social skills and emotions in themselves and in others. We choose to run this award-winning program due to the quality of the evidence showing that it really works to help children. Long-term research shows that 3 out of 4 children who complete the course have significantly improved social and friendship skills 12 months later. See www.secretagentsociety.com/evidence for a review of the evidence base.

The program has been developed to assist all children who find it difficult to navigate social situations. This includes children with Autism, ADHD and anxiety.

The fun, espionage-themed program engages children in learning, skill generalisation (applying skills outside the therapy room), reward systems, and interactive clinician-led sessions.

Beginning as 'cadets', children join regular club meetings guided by professionally-trained SAS Facilitators. A sophisticated online platform connects Cadets, their adult support network and their SAS Facilitator on a digital platform.

WHO DOES THIS GROUP SUIT?

This group is ideal for students with good verbal skills who can work in a group with some support and guidance. Best outcomes will be achieved for children who are motivated to work on understanding and practicing social and friendship skills.

Children with mild intellectual impairments aged between 10-14 can benefit from this program. As long as developmental age is between 8-12, this program can be a great fit.

We can book in a no obligation free screening call with you to discuss your child's individual needs and goals and ensure that the program is the right fit, before you make any commitments.

IS THIS PROGRAM NEUROAFFIRMING?

The short answer - Yes it is!

The longer answer - We believe that all children, regardless of diagnoses or neurotype, should be helped to achieve goals that are meaningful to them, and to have their strengths celebrated and developed.

We do not promote children complying with 'neurotypical behaviour' just to fit in. We do not promote masking. We do promote children learning to recognise and advocate for their own needs.

HOW ARE PARENTS AND TEACHERS INVOLVED?

Parents attend weekly 45 minute online parent group sessions. During these sessions the facilitators share what their children have covered in the weekly group, discuss how they can support them with their newly learned skills, and address an=y questions or challenges that have come up.

Teachers receive a weekly tip sheet informing them of the skills children have learnt that week, and suggesting how they can support their student at school to generalise and consolidate these skills. Facilitators can meet with teachers to help them understand how to make the best use of the program and address any challenges.

Cost

The total cost varies depending on final group numbers

- **Minimum weekly cost is $ 254.24 over 11 weeks (6 participants)**
- **Maximum weekly cost is $ 336.18 over 11 weeks (3 participants)**
- **One off $200 software fee applies to all participants to access the program**

NDIS aligned invoicing

Discounts available to low income families with no funding support

Register